

Healthy Dessert

Key Ingredient: Yogurt

Maximum # Grocery Store Items Allowed: XX

Chef's Grocery Store Items

ITEM	UNIT SIZE
Granola	½ cup
Bananas	1 banana
Blueberries	½ c
Kiwi	1 each
Raspberries	½ c.
Strawberries	5 strawberries
Almonds	2 T.
Toffee Bits	2 T.
Orange	1 each