**Healthy Dessert**

**Key Ingredient: Yogurt**

Maximum # Grocery Store Items Allowed: XX

Chef’s Grocery Store Items

|  |  |
| --- | --- |
| **ITEM** | **UNIT SIZE** |
| Granola | ½ cup |
| Bananas | 1 banana |
| Blueberries | ½ c |
| Kiwi | 1 each |
| Raspberries | ½ c. |
| Strawberries | 5 strawberries |
| Almonds | 2 T. |
| Toffee Bits | 2 T. |
| Orange | 1 each |